## Health and Safety Training Course

This interactive and comprehensive half day course has been designed to assist employers in meeting their legal obligations under **the Health and Safety at Work Etc. Act 1974**. The course provides the necessary knowledge to enable managers, supervisors and other personnel to understand legal requirements and to improve existing health and safety knowledge and arrangements.

The course syllabus includes the following topics:

- · Health and Safety at Work Etc. Act 1974
- Risk Assessment
- · Accidents and First Aid
- Fire Safety
- Hazardous Substances
- Manual Handling
- Display Screen equipment
- Other relevant legislation
- · Open forum

Course Duration: ½ day approximately.

**Numbers:** a maximum of 16 delegates can be accommodated per instructor. Larger groups can be catered for, but the ratio must not exceed 16 delegates per instructor

**Location**: Training can be conducted at your premises at a time and date to meet your needs. Regular public courses are run on our own premises.



## **For More Information**

Email: info@SiriusBusinessServices.co.uk

or call 01305 769969

www.SiriusBusinessServices.co.uk

Sirius Business Services Ltd, Bothwell House, 116 High Street, Wyke Regis, WEYMOUTH, DT4 9NU

Whatever your First Aid, Fire Safety or Health & Safety requirement, we are here to help you.

There is a degree of flexibility in all course programmes to allow us to accommodate any specific requirements you may have.

Please contact us for further information.

